

Dr. Daniel Heller
Naturopathic Doctor



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PLEASE READ THIS CAREFULLY –
Your signature is required to commence treatment.

- The goal of Naturopathic Medicine is to **understand and treat the cause** of your condition, and to **help your body to heal itself**.
- Ultimately, your return to health and balance will be the result of **your commitment and dedication**. Your *choices* about diet and physical activity; your *commitment* to a naturopathic regimen of nutritional and/or herbal supplements; and your *consistency* in follow-up appointments has a huge impact on your success.
- **Complicated problems usually do not go away overnight**. Even an apparently simple problem may have been brewing for months or years, and may have a complex cause. While some people get results quickly, it is never reasonable to expect miracles.
- **Diagnosis precedes treatment**. While information from other doctors or practitioners will be taken into account, **Dr. Heller is most interested in knowing your symptoms – your own subjective experience of what is wrong**. What other doctors said, how other doctors have treated your illness, and your own diagnosis or treatment of your condition are of less importance. **Your signs and symptoms are the most important information about your state of health**.
- Naturopathic treatment from Dr. Heller usually involves some combination of the following: the following: 1) **Comprehensive assessment** of health, using time-tested clinical methods and accepted laboratory measurements 2) **Dietary analysis and recommendations** 3) Analysis and/or recommendation of **nutritional and herbal supplementation** 4) Prescription of a **classical homeopathic remedy**, or a series thereof, for your unique individual pattern 5) Other proven naturopathic remedies that will assist your body in self-healing.
- **We make every effort to serve you courteously and efficiently**. We ask that in the event cannot make it to an appointment, you give us a minimum of 24 hours notice. Cancellations without 24 hour notice that are not the result of an emergency or unavoidable circumstances, are subject to a standard fee of \$50. Your courtesy allows us to accommodate the maximum number of people who would like to take advantage of naturopathic medicine.

- **All fees and costs are payable at the time of service** rendered unless arrangement are made before you come into the office for your appointment.
- **Dr. Heller never recommends that you discontinue prescribed medication unless you have first consulted with the physician who prescribed it.** If you choose to discontinue your medication without first consulting that physician, you acknowledge by signing below that Dr. Heller has not and does not advocate such action, and that you assume full responsibility and liability for any and all occurrences that may result from such action.
- **All medical interventions carry some degree of risk.** In general, natural interventions carry far less risk of side effects than do surgery and conventional pharmaceutical treatments. Anyone can develop an allergy at any time, and certain natural substances may not agree with a given person. As a point of comparison, aspirin and other non-steroidal anti-inflammatories cause tens of thousands of cases of serious illness, kidney and liver disease, and death each year even though they are among the safest drugs. Natural therapies and medicines are safe, gentle, and effective, but even benign substances can cause reactions.
- By signing below, you are signifying that you have read and understood all conditions above, and that you are undertaking naturopathic medical treatment of your own free will, with full knowledge of, and taking full responsibility for, whatever risks and benefits may accrue from proceeding.

We look forward to serving you on your journey to optimal health!

- Print Name _____
- Signature _____
- Date _____